

Fall 2013 Resource Suggestions

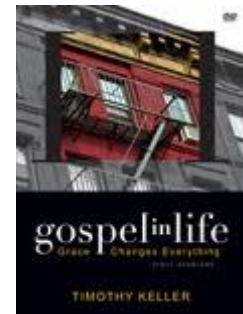
For small groups, Sunday school classes, and personal devotion

All studies will be available for check-out in the Resource Room by Sept 1.

The Resource Room is located on the second floor of Building A.

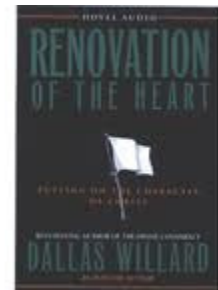
Gospel in Life: Grace Changes Everything DVD Study by Tim Keller

- **Recommended by** the entire First Pres Staff: "We used *Gospel in Life* as our all-staff devotional this summer. Keller is a great teacher and encouraged us to think deeply about how grace applies to all aspects of life. Though the study comes with participant's guides, we choose not to do homework and the study was still helpful and elicited good conversation."
- **Description:** *Gospel in life* is an eight-session course on the gospel and how it is live out in all of life – first in your heart, then in your community, and then out into the world. The DVD can be used alone (as the FPC staff did, when only the leader prepares) or all participants can take it deeper with a study guide that contains "home studies" to prep for each session. The DVD (video segments approx. 12 minutes) and a study guide are available for check out in the Resource Room. Additional study guides can be purchased on the web, or through the church.



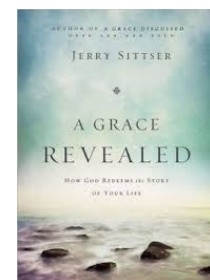
Renovation of the Heart DVD Study by Dallas Willard, with John Ortberg and Larry Crab.

- **Recommended by** Peter Barnes: "Pretty deep stuff, but good."
- **Description:** In this 13 week series, *Renovation of the Heart* explains the dynamics of character formation and spiritual growth through thoughtful presentations made by Dallas and unscripted conversations among Dallas, Larry Crabb, and John Ortberg. No homework necessary for the participants, though there are options for participants to "take it deeper" during the week through study. The DVD (video segments approx. 15 minutes), leader's guide, and a participant's guide are available for check out in the Resource Room. Additional participant's guides can be purchased on the web, or through the church.



A Grace Revealed Book by Jerry Sittser

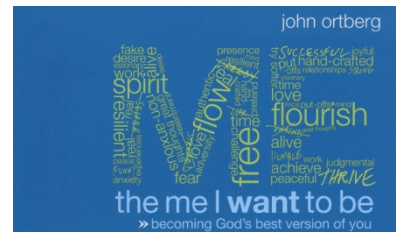
- **Recommended by** Amy Carlan, Lynn Castaneda, Bob Mills, and more.
- **Description:** Sittser encourages the reader to see their own life story "however sensational or mundane, tragic or happy" as a life that God



wants to redeem and integrate into God's great story of salvation turning your life into "into something so extraordinary that you will be tempted to think that it was all a beautiful dream." There are 11 chapters, each which could easily be one small group session. Unofficial discussion questions, written by FPC, are available for free. Two copies of the book are available in the Resource Room for check-out. Additional books can be purchased on the web, or through church. Email Amy Carlan for soft or hard copies of the discussion questions.

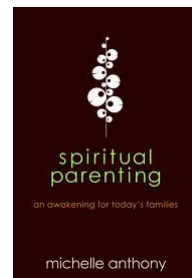
The Me I Want to Be **DVD Study by John Ortberg**

- **Recommended by** Allen McBride's Small group: "It was easy to follow and the Study Book was a great asset in allowing one to grow deeper..... Our group would certainly recommend the study to folks who are seeking out God's plan in their lives."
- **Description:** In this 5 week series, groups are encouraged to discover who God has made them to be, and is creating them to be, including our spirit, mind, time, relationships, and experience. Studies are designed to be 60 minutes (video approx. 15-17 minutes each). The DVD, leader's guide, one participant's guide, and the book (optional for leaders) are in the Resource Room. Additional participant's guides can be purchased on the web, or through the church.
- See Ortberg's description of the study content: www.youtube.com/watch?v=-xuB-rT5-pY

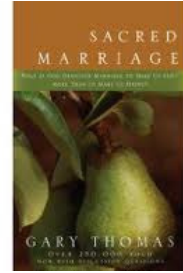


Spiritual Parenting **DVD Study by Michelle Anthony**

- **Recommended by** Sharon Spencer and Melinda Miller (FPC Children's Ministry Directors)
- **Description:** "Spiritual Parenting is a six-part DVD series that empowers parents to be the primary nurturers of their children's faith and teaches them how to create a home environment God can use to work in their children's lives." Each DVD session one-hour in length, so classes or groups can choose to study half a lesson at a time, creating a 12 week series. The DVD, leader's guide, and five *Spiritual Parenting* books (optional for participants) are available for check-out in the Resource Room. Additional books can be purchased on the web, or through the church.



Sacred Marriage
DVD Study by Gary Thomas



- **Recommended by** The Wanderers Sunday School
- **Description:** "In this six-session small group Bible study, Sacred Marriage, writer and speaker Gary Thomas invites you to see how God can use marriage as a discipline and a motivation reflect more of the character of Jesus. Your marriage is much more than a union between you and your spouse. It is a spiritual discipline ideally suited to help you know God more fully and intimately." The DVD and one participant's guide are available for check-out in the Resource Room. Additional participant's guides can be purchased on the web, or through the church.

Additional Ideas:

- **FPC Daily Devotional** – Sign up at www.1stpres.com to receive each week's devotional, based on Sunday's message. Each devotional includes questions for reflection, a suggested action item, prayer, and additional Scripture readings. The devotional is emailed each Sunday afternoon, and there are hard copies located at the Information Desks.
- **Just Courage by Gary Haugen** - Book study with discussion questions. Available in the church Library.